

# Emerson Falcon News

EMERSON ELEMENTARY SCHOOL NEWSLETTER



September 2020

VOLUME 4, ISSUE 1

## From the Principal

Emerson Families,

Welcome to the 2020 school year! I hope this summer has been one filled with good health and opportunities that spark joy. I have enjoyed spending time with family, working in my garden, and getting to know Emerson staff members and families. Our team has been working hard to plan for what promises to be an unprecedented school year! This year will be one of great innovation in teaching and learning, where we will build relationships and community in a virtual setting. We are committed to supporting our students to maximize their academic achievement while nurturing their social emotional health.

Our year will look different than ever before. We will be trying new things, taking risks with new ideas and new strategies. We encourage you to partner with us along the way! What we know for sure-

1. We have the collective strength and knowledge to support each other, our students, and their families through an unprecedented, unexpected, and un-*everything* situation.
2. That strength and knowledge includes the creative thinking of almost 80 staff members that we can tap into to rethink what schooling looks like, and to make positive and significant strides in student learning.
3. We are a community that is resilient, persistent, and perpetually positive. We are committed to advancing student achievement.

Continued on next page

**Blythe Young**

Principal

**Kelly Bell**

Assistant Principal

**Emerson Elementary School**

8702 7th Ave. SE

Everett, WA 98208

[www.everettsd.org/emerson](http://www.everettsd.org/emerson)

425-385-6200

**September  
14th**

First Day of Kindergarten

**September  
23rd**

First Day of Pre-School

**September  
24th**

Annual Title 1 Meeting

Zoom 5:30pm

**September  
24<sup>th</sup>**

Curriculum Night via zoom 5-7pm

Continued

Emerson is focused on developing our collective efficacy; learning together to ensure clarity, equity, inclusion, and belonging. We have established an Instructional Leadership Team to develop leadership capacity in every area of our school. These team leaders are leading Professional Learning Communities using data to inform instruction to promote student achievement, to develop strong relationships, and to foster a sense of belonging for everyone in our community including students, families, and staff.

Our theme for this school year is **BELIEVE, ACHIEVE, TOGETHER**. We believe in ourselves, in our students, and in our community. We will strive for clarity to achieve our goals, and we will work together to succeed!

We look forward to a fantastic year of teaching and learning!

Check out our Twitter feed! <https://twitter.com/EmersonFalcons>

**Blythe Young**  
**Principal**

## Emerson Elementary is a Title I School

Emerson Elementary participates in the Title I Program. Title I, Part A is part of the Every Student Succeeds Act. Its goal is to ensure that all children have a fair, equal and significant opportunity to obtain a high-quality education and reach proficiency on challenging state academic standards.

As a Title I school, we qualify for federal grant money which we use for additional staffing, parent involvement, staff development, and extended school day opportunities to help us meet that goal. This update is intended to provide you with important information about this law and your child's education.

You have the right to request regular information or meetings about Title I at Emerson Elementary School. Please contact the principal if you would like more information [byoung2@everettsd.org](mailto:byoung2@everettsd.org) or (425) 385-6200.

### **Annual Title I Meeting *September 24<sup>th</sup> 2020***

Who: You and other interested parents

What: Discuss how to best communicate, collaborate and meet your needs to support your child



Where: On Zoom

When: 5:30pm

Can't come? Call or email your ideas to [byoung2@everettsd.org](mailto:byoung2@everettsd.org)

## From the Gym

### Gary Niegemann

SEPTEMBER		WORKING TOGETHER				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Help a younger sibling or friend learn a new skill.		CHILDREN NEED MODELS MORE THAN THEY NEED CRITICS.		Stand facing a partner 3' away with palms out. Fall forward & catch each other. Push back to a balance. How far apart can you get?	Find a jump rope & a partner. Can both of you jump the same rope?	
While in contact, alternate sit-ups & push-ups with a partner.	Surprise someone with a good deed.	Find a partner & place a long strip of tape on the floor. Can you pass each other without stepping off?	Work cooperatively to learn & perform a new partner gymnastic stunt.	Invent an exercise that moves a ball from partner to partner.	Find a balloon & play a volleyball game over a chair.	Help with a family meal and later work off those calories with a run.
With a partner, create a shoving dance on towels.	How many collective laps (add them together) can you & a friend run around the house in 15 minutes?	Go on a shadow run with a partner. Everywhere your partner jogs, you follow.	Play a Partner catching game with a ball. Each time you catch it, take a step back.	Teach your family an activity you learned in P.E.	Do 3 or more special acts of kindness to different people at school.	Spend 30 minutes helping a neighbor. Name _____ Job _____
For 10 or more minutes, practice sending & receiving a ball with a family member or friend.	Throw a knotted towel in the air and catch it cooperatively with a partner without using hands.	Create a dance that includes lifting your partner.	Find 4 people & form a circle. Shake right hands with someone across from you and left with a different person. Can you re-form a circle without releasing hands?	Shadow a partner dribbling a ball first with hands & second with feet.	Sit back to back, interlock arms, push against each other and try to stand up.	Organize a family game.
Lie shoulder to shoulder, place inside arms over your partner's back & try to do a one-arm push-up.	Sit back to back with a partner. Place a ball between your backs & try to turn around without dropping the ball.	Sit facing a partner with legs apart. Hold hands; as one leans forward the other leans back.	Take turns spotting each other's handstands or handstands.	Tie 2 bicycle inner tubes together & place around Partner's waist. Begin a slow jog apart.	Place an ice cube on your counter and do an exercise routine with a partner until it melts.	Sit facing a partner. One partner's legs are inside & the other's outside. Practice squeezing in & out.

Rebecca's collection

Calendar callisthenics is a voluntary daily fitness supplement conducted outside of school. As homework is completed, parents put a check in the corner box for the day. Small doses of creative exercises can move students toward more consistent exercise patterns. Students will find some mind and muscle activities to provide links between the classroom and gymnasium.

## From the Library

Do you have an Everett Public Library card? If not, let's get you one! During our Library Specialist zoom time, students will learn how to check out ebooks from Emerson too! Reading helps us grow! Any questions, please email me, the teacher-librarian.

♥ Maggie Doud

[mdoud@everettsd.org](mailto:mdoud@everettsd.org)



## Counselor's Corner

Welcome Back Falcons! We are so excited to Adventure Together with you through this exciting school year!

Today we thought we would share some tips on helping your student with virtual learning by improving FOCUS, MOTIVATION, and FLEXIBILITY.

You can help your student FOCUS by:

- Having an area just for school. This can be at a desk, a kitchen table, even the living room floor. Just make that space for learning tasks only during school time.
- Encourage Single-Tasking (working on only one thing at a time). Our brains work best and get the least tired when we focus on one thing.
- Check in to see how your student is feeling. Distractions can come from outside things like a barking dog, or inside things like nervousness for a new project. If we name our feelings it is easier to handle them!

You can help your student with MOTIVATION by:

- Reminding them how amazing they are! Think together of a time they met a goal or conquered a new task. These memories reinforce that they can do new and hard things!
- Give them independence! You may feel like you need to monitor them all the time, but students need chances to try new things and occasionally fail. Our teachers are ready to help and encourage them through this process.
- Help your student feel connected to Emerson and their class. Even though we aren't physically together, we are still working together every day!

You can help your student with FLEXIBILITY by:

- Not panicking! We all will have days when our technology doesn't work, or something happens to disrupt the day. Take a breath! We can adapt together. Just make sure your child connects with their teacher when the technology is back online.
- Keeping a regular sleep schedule. Even though we aren't going to school in the building, learning works best when students get enough sleep. Regular times to go to bed and wake up really help!

Your Counselors

**Hannah Sands**

**Briana Smith**

### Food Distirubtion for Falcon Families

We are no longer doing food distribution on Fridays. Parents who need additional food can pick it up on Wednesday's from 11:00 – 12:45 pm at Emerson Elementary and Wednesday evenings from 4:30-5:30pm. It is very important that you reserve your meals by Monday thru this website. <https://www.everettsd.org/Page/37760>



## #EPS\_CAFE FREE AND REDUCED MEAL APPLICATION

APPLY ONLINE  
TODAY



Available in Several  
Languages

## Free & Reduced Meal Application

Apply  
Online

Faster  
Response  
Turn-Around



**<https://frapps.horizonsolana.com/EVEP01>**

The online application is available in several languages. Applications submitted online are processed within 48 hours. Paper applications can take up to 10 days for processing. There's less room for error using the online application versus the paper application. If you have any questions, please contact our office.

Food & Nutrition Services  
425-385-4380 or email [FoodServices@everettsd.org](mailto:FoodServices@everettsd.org)  
or visit our webpage at [www.Everettsd.org](http://www.Everettsd.org)  
This institution is an equal opportunity provider



# Adventure Together

Our theme to kick off the school year is **Adventure Together**. We chose “Adventure” because this school year is kicking off remotely, but not like it was in the spring. This year will look and feel much different and will be a new, exciting and challenging adventure for students, teachers and families. And, “Together” because we are all in this together. Although this start to school will feel different to everyone, we encourage taking on this challenge with courage, knowing we will all learn and grow as we navigate new and unexpected situations. We are all here for every student, every family, every teacher, every staff member. We are a team! Let's Adventure Together!



## Parent University

Starting September 2, Everett Public Schools will have a Parent University available 24/7 online and mobile, for you to access important resources to help support your student's remote learning. You can find details on how to access and log in to Canvas, how to view your student's schedule, where to get meals, and much more. Resources will continue to be added throughout the year. You will find Parent University, and all other information related to remote learning, at [www.everettsd.org/COVID2020-21](http://www.everettsd.org/COVID2020-21)



## Learning model status

Everett Public Schools will begin the 2020-21 school year with 100% remote learning using our staged approach to reopening. As the numbers of positive COVID-19 cases and deaths continue to rise across our state and in our region, it has become clear at this time that our more robust remote learning model will be the safest way to form the foundation for student learning this fall.



Staged reentry to schools will be determined by the impacts of a changing COVID-19 pandemic, available resources, direction from Snohomish Health District, OSPI and our Governor. Having the flexibility and agility to move to different models will enable Everett Public Schools to provide the best education possible in whatever scenario presents itself.

The current status is 100% remote learning. Visit the [learning model status webpage](#) to get to know the five stages.

## Attendance procedures

We look forward to teaching your child every day. Regular attendance is important, and we will work with you to ensure your child is engaged in learning to benefit from an excellent education. If your child will miss remote learning, please email the school at their attendance email address, which you can find on the school website.

If email is not possible, and even if you leave a message with the school attendance line, please send a written note to the school office within 30 days. Teachers will use digital



Gradebook attendance to log student attendance daily. K-5 students will have attendance taken daily at the beginning of the day during their morning meeting. Grades 6-12 will have attendance taken in every class period.

## 2020-21 Immunization Changes

The way schools collect immunization records and comply with immunization rules has changed for the 2020-21 school year. As of August 1, 2020, a change in state immunization rules has affected three areas of immunization compliance:

- The definition of “conditional status” has been clarified. **Students must turn in their immunization paperwork on or before the first day of in-person learning.**
- All new immunization records from students need to be **medically verified.**
- The Tdap vaccine requirement for 6th through 12th graders has been changed to a 7th through 12th grade requirement.

A medically verified record includes one or more of the following and can be submitted by email to

[EPS.BuildingRN.MailList@everettsd.org](mailto:EPS.BuildingRN.MailList@everettsd.org):

- A Certificate of Immunization Status (CIS) printed from the Immunization Information System
- A physical copy of the CIS with a healthcare provider signature
- A physical copy of the CIS accompanying medical immunization records from a healthcare provider verified and signed by school staff
- A CIS printed from your MyIR account.

## Access your family's immunization information

To access your family's immunization information from the Washington State registry visit, sign up for [MyIR](#) to view, download and print your student's immunization records securely online. Once you register, you can access the records anytime you need them. You can print your child's Certificate of Immunization Status for school, childcare and camp programs.

## Ways to stay in touch

On the communications department webpage, you can sign up for [InTouch](#) announcements and school board meeting agendas highlights delivered to your email box twice monthly. You can also follow us on [Facebook](#), [Twitter](#) and [Instagram](#).



## Mobile app

Families can [download the district mobile app](#) to easily access student information, grades, attendance, lunch balances, borrowed library books, calendars and more! Translate notifications and app functions into the language you prefer.



# Social & emotional health

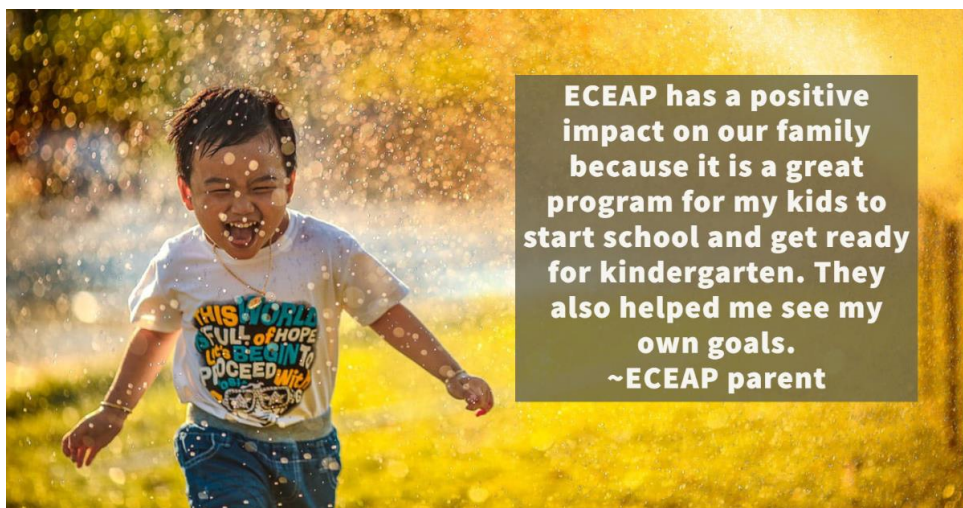
The outbreak of COVID-19 may be stressful for people and communities. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children.

Everyone reacts differently to stressful situations. The emotional impact of an emergency on a person can depend on the person's characteristics and experiences, the social and economic circumstances of the person and their community, and the availability of local resources. People can become more distressed if they see repeated images or hear repeated reports about the outbreak in the media.

Children react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared. Please visit the district's [social & emotional health webpage](#) for more information.



## ECEAP preschool is now enrolling for 2020-21



Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded in partnership with [Snohomish County Human Services](#) and [Washington State Department of Children, Youth and Families](#).

ECEAP will be providing remote preschool services this fall including virtual circle times and small groups, video libraries of fun, engaging activities, and learning materials for home-based activities. Additionally, ECEAP will support parents as their child's first and most important teacher through regular parent-teacher check-ins, family support coaching, resources, and online family support groups and informational classes.

The ECEAP preschool program is located at Cedar Wood (new for 2020-21), Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. ECEAP will be providing remote preschool services this fall including virtual circle times and small groups, video libraries of fun, engaging activities, and learning materials for home-based activities. Additionally, ECEAP will support-4628, email [eceap@everettsd.org](mailto:eceap@everettsd.org) or visit [our website](#).



## Kids in Transition program

Kids in Transition (KIT) program supports students who qualify as homeless under the federal [McKinney-Vento Homeless Act](#). Students without a fixed, regular, and adequate nighttime residence may qualify. The KIT program works to eliminate barriers to students' academic success and extra-curricular involvement. We ensure students experiencing homelessness have access to free school meals, school supplies, and uniforms. KIT can help students access extended day or summer school classes and provide access to tutoring when needed. The KIT Program can also cover fees required to take part in activities such as school-sponsored sports, clubs, and required class fees. KIT transports eligible students to maintain school stability, as long as the commute is in the best interest of the student. Last year, Everett Public Schools served over 1,100 homeless students at some time during the school year. For more information, visit the [KIT website](#) or contact the KIT Program at 425-385-4032.



## Backpacks for students in need



Do you know a family who might be in need this year? Stuff the Bus for Kids ensures each child in Everett Public Schools starts the school year prepared to learn. The EPS Foundation will deliver over 1,900 backpacks, filled with school supplies, and make them available to any Everett Public School student who may need extra assistance.

Students in need of a backpack, please reach out to your school to receive your supplies. Backpacks will be available for pick up at each school beginning August 31, the week before school.

## Student opportunities and activities eflyers

We use *Peachjar* to email approved flyers from community organizations to parents and guardians. Schools also post those flyers on their websites. Look for the Peachjar button in the *Quicklinks* section of your school home page to see those flyers. You can also register there to have those flyers delivered to your email address if you aren't already receiving them.




## Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe

### 3 easy ways

Text or call

 855-637-2095

 1350@alert1.us

 <https://everett-wa.safeschoolsalert.com>



schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

## Access to public records

District records are public records. Parents and other citizens have the right to ask to view or have copies of records defined as “public” under state and federal laws. These include parents’ and legal guardians’ student’s records and records about discipline of school employees.

The district’s general counsel office handles public records requests. Request records by writing to that office at PO Box 2098, Everett, WA 98213, sending an email request to [publicrecords@everettsd.org](mailto:publicrecords@everettsd.org), or calling 425-385-4150.

## Your student’s records are confidential

Everett Public Schools is serious about protecting student records and privacy. The district uses multiple security measures to safeguard student transcripts and other education-related records. Only those teachers, administrators and other staff members who work directly with students (and have an educational need to know) have access to individual student records. Staff members are required to maintain confidentiality of all information in a student’s records.

## Register to vote!

It’s easy! You can register online at <http://bit.ly/VoteRegistration> or stop by your school office to pick up paper registration mat



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

- Everett Public Schools does not discriminate in any programs or activities on the basis of
- sex, race, creed, religion, color, national origin, age, veteran or military status, sexual
- orientation, gender expression or identity, disability, or the use of a trained dog guide or
- service animal and provides equal access to the Boy Scouts and other designated youth
- groups. The following employees have been designated to handle questions and complaints
- of alleged discrimination:
- **Title IX/Civil Rights**
- **Compliance Officer:**
- Mary O'Brien
- 425-385-4106
- [MO'brien@everettsd.org](mailto:MO'brien@everettsd.org)
- PO Box 2098
- Everett, WA 98213
- **Section 504 Coordinator:**
- Dave Peters
- 425-385-4063
- [DPeters@everettsd.org](mailto:DPeters@everettsd.org)
- PO Box 2098
- Everett, WA 98213
- **ADA Coordinator:**
- Randi Seaberg
- 425-385-4104
- [RSeaberg@everettsd.org](mailto:RSeaberg@everettsd.org)
- PO Box 2098
- Everett, WA 98213